



# Heineberg Community Senior Center

Dear community friends and neighbors,

## **“Our doors are open”**

That simple phrase guides our work. When other doors close for our older neighbors, our doors are open. If you just lost a partner and it's too empty at home, our doors are open. If you have to keep your heat low and you're cold, our doors are open. If you wake up excited to see old friends and new faces, our doors are open. If you want to share a meal with people who welcome your full self to the table, our doors are open.



*You're never too old for a surprise party!*

When the City of Burlington closed their senior center in the Old North End earlier this year, our doors were open. Despite the extra expenses it takes to serve more people, we knew our job was to be there for those who lost their center. In the months since then, we have been enriched by the presence of new people, new cultures, and new life experiences. As we continue to learn, we are so much stronger when we're together.

When we open our doors to the over 450 people we serve a year, we welcome our older neighbors to take part in any of the free activities and programs we offer weekly, from Mending to Mindfulness, Bone Builders to Bingo, to talk with our social work intern, join us for lunch, or to just come and read a book or work on a puzzle. In a time when resources are drying up for the people who need them most, we are committed to being the place they can count on. We are for the community, by the community, in community.

We want to thank you from the bottom of our heart for being part of that community. As a small, independent nonprofit, we can't do this work without you. If you have the capacity to support us financially, your gift matters more than ever as we make sure our doors stay open to increasing needs. If you have time to share, we welcome new volunteers! And if you are 50+ and want to check out our center, we welcome you any time.

To donate online visit [GiveButter.com/HeinebergSeniorCenter](https://GiveButter.com/HeinebergSeniorCenter) or to give by check, please make your check out to "Heineberg Community Senior Center" and mail it to: 14 Heineberg Rd, Burlington VT 05408  
To find out more about volunteering or attending a program, email [Viets@HeinebergCSC.org](mailto:Viets@HeinebergCSC.org) or call 802-863-3982.

With Gratitude,

Andrea Viets  
Executive Director



*Donate now through  
[GiveButter.com](https://GiveButter.com)*

**Heineberg Community Senior Center**  
14 Heineberg Rd, Burlington VT  
[HeinebergCSC.org](https://HeinebergCSC.org) . 802-863-3982

# A Look Back at 2025

With our 2 part-time staff and a team of 75 volunteers, we:

- Provided over **1000 donation-based and free programs**, activities and health clinics
- Went on **25 trips**, including the Lake Monsters, the Flynn Theater, Hackett's Orchard, and more!
- Kept our **center doors open for 1000 hours** over the course of the year
- Served over **3,000 free meals**
- Welcomed **30 UVM medical and nursing students** who engaged our participants in ways to promote health with movement and social connections, and with the feedback shared, we are planning new programs for 2026!
- Hosted **two social work student interns** who are available to meet with our participants and talk through whatever issues may be coming up for them.
- Helped prepare over **200 income tax returns** for free on site in our collaboration with AARP



*A work of art is created in our painting workshop*



A UVM med student works on a survey



Friends have fun at Hackett's Orchard



Making pom poms for a community art project with Burlington City Arts



Enjoying community during a potluck



Getting ready for lunch



Getting steps in during the Walk of Ages